



**Ellen Ervin**  
(1961-2012)

**Physician Assistant**  
*Kristine T. James, PA-C*

**Physical Therapist**  
*Tara Cepaitis, MS, PT*  
*Matthew Shiomichi, PT, DPT*  
*Teresa Simpson, MPT*  
*Audra Smith, MPT, SCS, CSCS*  
*Kristen Templin, PT, DPT*

**Practice Administrator**  
*Charlotte Higgins*

## **MEDSTAR MONTGOMERY HOSPITAL**

**Dr. Higgins has scheduled your procedure with Medstar Montgomery Hospital. To be certain your experience goes smoothly, please carefully read and follow these instructions:**

- A Medstar Montgomery Hospital staff member will check on your insurance prior to surgery. If they have any questions/concerns, they will get a hold of you.
- Registration for your surgery will be done when you check in on day of your surgery. You do not need to fill out any forms prior.
- An ADULT must accompany you to Medstar Montgomery Hospital and is required to stay during your surgery. This person will also sign paperwork taking responsibility for you after surgery and drive you home. Please make sure this person is aware of these obligations and plans accordingly. This is MANDATORY and they will only make exceptions for those having local anesthesia.
- Do not eat or drink anything after midnight the night before your surgery. This includes chewing gum or eating hard candy. Some exceptions may be made if your procedure is scheduled late in the day or if you are having local anesthesia.
- Medstar Montgomery Hospital needs valid phone numbers for you. Please make sure that Dr. Higgins office and the hospital have these numbers so that everyone can get in touch with you.
- You may be required to have a physical, EKG, and lab work prior to your surgery. Dr. Higgins office will determine which ones you need to have done and we will discuss this with you during your pre-operative appointment.
- Please realize that as your surgery date approaches, there may be some adjustments made to your actual surgery START TIME. These changes are to accommodate Dr. Higgins and to ensure that Medstar Montgomery Hospital has the proper equipment and staff for your procedure.
- If you have any questions, please call either Dr. Higgins office at 301-232-1050 or Medstar Montgomery Hospital at 301-774-8882.